

Dear Parents,

Family is the strongest support system for any child, more so as he or she prepares for examinations. I do understand that these are crucial times, for both the student and his or her family. During this time, if there is anybody whose encouragement will make your children happy, it is you.

Keep doing everything that you can to support your children. This includes lightening the child's mood and ensuring he or she appears for the exam in a happy and stress-free manner.

You are your child's best mentor. You know your child better than anyone else, having seen him or her grow up in front of your eyes. Thus, I would request you: **always accept rather than expect.** The burden of expectations is even heavier than the school bag, and there's no point in weighing your children down with it. Ask yourself: Are you burdening your child with unreasonable expectations?

Sometimes, parents seek to realize their own unfulfilled desires through their children. In the process, the child loses a happy childhood and the parents miss out on the joy of seeing their child grow up and blossom in front of their eyes. The dreams, aspirations and ambitions of children can differ from those of their parents. Accept this and give your children the space to pursue their own dreams.

As parents, you always want the best for your child, including good schooling and a comfortable lifestyle. But one of the best gifts that you can give your child is a spirit of

adventure, which will inspire your child to do something new and different. In this book too I have told my young friends to step out of their comfort zone. Comfort weakens the mind and the body. Adventure prepares one to face life's challenges and that too with poise and determination.

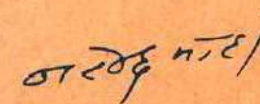
Spend quality time with your child. The exam season is naturally characterized by a scramble for time. Make the most of every moment you spend with your child. Remain positive and laugh. 😊

Always listen to what your child has to say. Those children who are not heard can never become good listeners and learners themselves.

Once the board exams are over, children are required to choose their subjects, colleges and universities. Guide your child to make those decisions based on his or her interests and strengths. As I have said in the book, there are several opportunities waiting to be created and harnessed. Let there be no limitations or pressure on the children.

My best wishes to you as you extend invaluable support to our young and valourous Exam Warriors.

Yours,



Narendra Modi
26 January 2018